

CX2012 Melbourne

Seminar Series

SEMINAR ATTRACTS 3 HRS CPD

Depression & anxiety disorders in older people

Presented at Melbourne CAREX 2012
Main Grandstand, Caulfield Racecourse
Thursday April 19 2012, 0930-1300
Committee Room, Level 3
Registration fee - \$132 inc. GST

EARLY BIRD 2 FOR 1
DISCOUNT FOR
FIRST 25 DELEGATES

Seminar Overview

Recently, the National Ageing Research Institute (NARI) confirmed the rate of depression in residential aged care at 34.7%. Prevalence rates for anxiety disorders are as yet unconfirmed but believed to be higher than depression. NARI also confirmed the rates for community dwelling older people which are more in line with general prevalence rates. However, rates for frail older people in the community who require significant supports are twice that of less frail older people. These startling statistics form the basis for this workshop on depression and anxiety disorders in older people.

This workshop will detail the latest evidence around depression and anxiety disorders as well as the latest screening, management and treatment of depression and anxiety disorders in older people. Also, there will be an exploration of how we can boost the mental health of older people accessing residential or community services.

Target Audience

Senior nursing, allied health & clinical staff working with older adults in acute, residential or home/community care settings.

Seminar Details

(1100-1130 Morning Tea & networking)

The seminar will specifically cover:

Understanding depression and anxiety disorders

- Getting on the same page in terms of meanings/ definitions
- Facts/figures, prevalence, trends, relevant research ...

Understanding depression and anxiety disorders in older people

- Let's look at the specifics and issues for this age group

Understanding risk and protective factors for older people

- What do we know? How should this instruct our professional practice?
- How can we be more proactive
- Education - clients & colleagues

Screening, treatment and management

- A person-centered approach
- The importance of information & communication
- The multidisciplinary team
- Contemporary management approaches in these areas

Presenters

Marie-Anne Schull - Project Manager Aged Care & Nursing, beyondblue

Marie-Anne Schull originally trained as a nurse and then went on to study Business Communication, majoring in Public Relations. Marie-Anne worked in public relations for several years and then continued studying and completed a Graduate Diploma in Education and Training.

Marie-Anne then combined her education and work experience and worked in the health/education sector working for registered training organisations and then working at Alzheimer's Australia Vic (AAV) for 8 years firstly as an Education Officer and then Education Co-ordinator

In her current role, Marie-Anne has developed workshops for aged care staff on depression and anxiety disorders in older people.

Other presenters to be advised.

Depression & anxiety disorders in older people

EARLY BIRD 2 FOR 1
DISCOUNT FOR
FIRST 25 DELEGATES

SEMINAR REGISTRATION FORM

- Seminar is on Thursday April 19 2012, 0930-1300 - Committee Room, Level 3, Main Grandstand, Caulfield Racecourse
- Registration fee - \$132 inc. GST
- Seminar registration fee includes arrival tea/coffee, morning tea & presenter's notes/supporting literature

Surname: _____ First name: _____

Workplace: _____

Workplace Address: _____

Suburb: _____ State: _____ Postcode: _____

Phone No: () _____ Email (required please): _____

Position (eg - CEO, OT, RN, DT etc): _____

Any special dietary needs? If so, please specify: _____

This Registration Form together with payment to be sent to: Wayne Woff - Manager, Total Aged Services, 99 Kambrook Road, Caulfield North VIC 3161 or faxed to 03 9571 9708 or emailed to office@totalagedservices.com.au by no later than **Friday April 13 2012**

Cheques or Money Orders to be made payable to: **Total Aged Services**. Credit card payment not available. Direct Deposit details available upon request.

This document will be a tax invoice for GST purposes when you make a payment

(Total Aged Services ABN: 86 775 168 953)

Tax Deduction

- If the registration fee is paid by an individual working in an appropriate setting, it may be claimed as a tax deduction.

Confirmation / Cancellation

- A letter/email of confirmation will be sent to delegates
- Position in the seminar is not confirmed until money & registration form is received.
- Non-attendance policy - if notification of inability to attend is received up to 2 weeks before the event, a full refund less \$22 (includes \$2 GST) administration fee will be paid.
- No refund will be available for notification of non-attendance less than 2 weeks before the event unless in exceptional circumstances.

Disclaimer

- Total Aged Services will take all reasonable steps to ensure that the documented sessions are presented / speakers present at the seminar. However, in the event of an unforeseen change in circumstance / withdrawal of a speaker, a suitable replacement session / speaker will be arranged
- Total Aged Services also disclaims all liability from actions taken in response to information presented by speakers or obtained from organisations exhibiting at the seminar.

Venue/Parking

- Details re venue & parking will be forwarded with confirmation letter / email

Accommodation

- If you would like to discuss accommodation options near the venue, please contact our office

Privacy statement

- Total Aged Services is committed to respecting & protecting the privacy of all clients' information. The collection, use, disclosure, maintenance, storage of & access to this information will, at all times, be carried out in a lawful, professional and ethical manner. Information about clients will not be disclosed without the permission of the client.

Other information or assistance

Contact Wayne Woff (Manager - Total Aged Services):
P: 03 9571 5606 **F:** 03 9571 9708 **M:** 0422 484 209
E: office@totalagedservices.com.au
W: www.totalagedservices.com.au + www.thebigredbook.com.au