

### A Framework for Excellence

This half day seminar is organised and hosted by Total Aged Services in conjunction with **McCarthy Psychology Services**.



Presented at Melbourne CAREX 2010  
Main Grandstand, Caulfield Racecourse  
Committee Room (Level 3)  
Thursday March 18 2010, 0930-1315  
\$132 including GST

**0845-0930 Registration and arrival tea and coffee**

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**0930-0945 Introduction and setting the scene**

**Bernie McCarthy**

Managing Director, McCarthy Psychology Services  
M.A. (Clin Psych), B.A. (Hons), B. Theol.

**0945-1025 The Person with Dementia**

The essence of all dementia care is the person with dementia, being the 'client,' the 'citizen' - the 'unique individual.' This session will examine contemporary philosophies and approaches to care and service for each 'unique individual.' What do we know? What have we learned? As health and aged care professionals do we really practice what we preach, or do we just pay lip service because these concepts are seen as ideals or aspirations? What are the elements for 'success?' In pulling together the research, clinical knowledge and practical experience, this presentation seeks to provide a framework for excellence in caring for the person with dementia.

**Dr Rachell Kingsbury**

Manager, Dementia Behaviour Management Advisory Service (DBMAS) Vic  
BA (Hons) Psych, MA (Clin Psych), DPsych (Neuro), DIP Bus MNGMT, JP Qual

**1025-1100 Family partnerships**

The word 'partnership' is regularly utilised in health and aged services when it comes to 'families'. Are we genuinely engaging and working with families or is it just rhetoric? Do we actively consider past, current and future roles of partners of people with dementia now needing residential care support? For example, would Mrs Smith's husband still be 'allowed' to shower his wife at your Nursing Home or Hostel? Do you have active systems for information exchange and dealing with potential concerns? How regularly do you have care planning discussions and are they effective and meaningful? In essence, what constitutes your organisation's structured systems for ensuring a 'partnership' and how effective are these? This presentation will provide some proactive strategy suggestions for maximising outcomes for all concerned.

**Kirsten James**

Consultant, Dementia Behaviour Management Advisory Service (DBMAS) Vic  
MHSc., BA (Soc.Sci), RN, Grad.Dip.Ad.Ed & Tg, Grad.Dip.Healing Th., Cert. Tactile Th.

**1100-1130 Morning Tea**

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**1130-1205 Workforce and Training Issues**

In order to deliver quality outcomes for people with dementia (in any setting), there needs to be a recognition of the pivotal importance of workforce issues. This session will provide a concise overview of the key issues such as staff selection, motivation, team work, education/training and organisational leadership. This presentation also seeks to challenge your practices in this area - in terms of the what, why, how, when and where. It will also demand of you - where were you, where are you now, where are you going and most importantly how are you measuring this?

**Bernie McCarthy**

Managing Director, McCarthy Psychology Services  
M.A. (Clin.Psych), B.A. (Hons), B. Theol.

**1205-1240 Creating Dementia Friendly Environments - Physical and Social**

Living environments are most importantly about our 'experience' of that environment. This session seeks to present a cohesive system of support that recognises the experiences of the person with dementia and best provides assistance for the person to remain engaged in everyday life in a meaningful way. The presentation will emphasise the importance of utilising evidence-based actions and strategies in creating dementia friendly physical and social environments.

**Dr. Sam Davis**

PhD  
Senior Research Fellow, Faculty of Medicine  
School of Rural Health, Monash University

**1240-1315 "The Panel"**

A chance to question all the presenters about the content and challenges presented in the forum.

**1315 Workshop concludes**