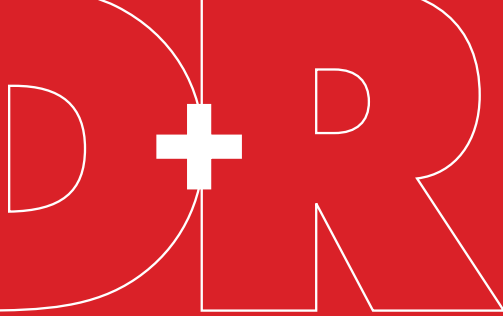


# DEMENTIA + RECREATION NATIONAL CONFERENCE 2010

## CONFERENCE PROGRAM

### Day 1 - Wednesday October 20 2010

- 0915 Welcome & Introduction Wayne Woff Manager - Total Aged Services**
- 0930 Dementia specific facilities - Structures, service & singing** Using a case study style approach, the opening session of the conference will examine the development and delivery of care & lifestyle services within a "dementia specific" environment. Highlighting issues such as design, staffing and service philosophy, this session will provide an illuminating insight into the benefits & challenges of dementia specific facilities.
- 1015 Accreditation Standard 3 - Resident Lifestyle - Experiences with Excellence** Drawing on the experiences of an Aged Care Auditor, this presentation will provide insights into the policies, practices and patterns which are apparent where services meet, exceed or fall below the Expected Outcomes in Accreditation Standard 3 - Resident Lifestyle. This session is sure to provide some key information & issues for your consideration & response.
- 1045 Morning tea, networking & trade expo**
- 1115 "Dance - the rhythm of life"** Dance therapy has so very much to offer in terms of meeting both the physical and social/emotional needs of people with dementia. The focus of this session will be to show how dance may be used to offer a life enhancing experience to people with dementia. This will be achieved through a discussion of the innately therapeutic qualities of dance and their relationship to the key goals of person-centred care.
- 1145 Virtual Music Instrument - the story continues ...** Following on from the last presentation on this topic at our 2007 Conference, this session will provide an update on the Bloorview Virtual Music Instrument (B-VMI). Imagine being able to play music without having any musical experience or having to hold or play an instrument. The B-VMI is an innovative software program that allows movement to be translated into music. It allows an individual, or groups of people, to play musical notes or a whole song, from very small movements such as finger movements, to very large ones, such as the waving of an arm. This is even possible from sitting in a chair or lying in a bed! Learn about the benefits & possibilities of this unique therapy tool – its use is only limited by your imagination!
- 1215 Intergenerational programs - More than just a few kids running around!** Potentially one of the challenges of living in an environment catering mainly for one age group is the maintenance of cross generational relationships & connections. Intergenerational programs / service philosophy seek to address this issue in a meaningful manner. This presentation will explore the opportunities for social, psychological, physical & spiritual benefits & growth such programs can present.
- 1245 Lunch, networking & trade expo**
- 1345 Clinical update - Asthma** Our annual clinical update addresses Asthma. The presentation will provide an insight into the impact of Asthma (with a particular focus on older Australians,) the symptoms and triggers associated with asthma, up-to-date medications, asthma management and how to recognise a severe asthma attack and asthma first aid.
- 1415 What convinced me!** There continues to be an emerging recognition & respect for the role & benefits of high quality leisure & lifestyle programs in an organisation's overall service delivery. This presentation from the manager of an aged care service will reflect on a journey of improving & developing the leisure/lifestyle service in response to professional representations & information as well as consumer demand /expectation. A session sure to provide some fascinating insights.
- 1445 Award & Grant Presentation**
- "Award for Excellence"
  - "Research Grant"
- 1500 Afternoon tea, networking & trade expo**
- 1530 Stories from the field (1)** As always, these 'stories from the field' are sure to motivate, inform & delight you.
- 1615 Close Day One**



# DEMENTIA + RECREATION NATIONAL CONFERENCE 2010

## CONFERENCE PROGRAM

### Day 2 - Thursday October 21 2010

- 0915 Welcome & Introduction Wayne Woff Manager - Total Aged Services**
- 0930 Research Project - Person Centered Approach to Resident Care** Since being selected as the winner of the Victoria University Research Grant at the 2009 conference, the team at Mary MacKillop Aged Care has undertaken its research project to examine "the impact of Person-centered approach to resident care and whether this reduces the incidence of challenging behaviours". The project & its findings will be presented & explored.
- 1000 The importance of play** "We all know that play is fun, even joyful. It refreshes and energizes us. For centuries, thoughtful observers have recognized play as a central element of life, throughout life...In play our burdens feel lighter and we are opened to new possibilities. But play goes even deeper - it shapes our brains to make us smarter and more able to adapt in novel situations; and this happens for all players, old and young" - National Institute for Play. This terrific, uplifting quote sets the scene for an engaging examination of 'play'.
- 1045 Morning tea, networking & trade expo**
- 1115 Legal update - Advance Care Planning** Advance Care Planning involves a person talking to a range of people - personal & professional - regarding issues & decisions about your future health care and medical treatment. The session will provide a road map to the current landscape in this challenging area - examining what, why, who, when, how ... An important session with both professional & personal implications.
- 1145 Master Class - Effective Management of Wandering & intrusive Behaviour in Dementia (Part 1)**  
This extensive presentation over 1 hour will address one of the most challenging Behavioural & Psychological Symptoms of Dementia (BPSD). The session aims to:
- Define wandering
  - Examine wandering typologies
  - Review wandering assessment - proactive and reactive
  - Outline Assessment based wandering management - enabling and disabling strategies
  - Consider resources
  - Discuss the CAUSED model of assessment
- 1215 Master Class - Effective Management of Wandering & intrusive Behaviour in Dementia (Part 2)**
- 1245 Lunch, networking & trade expo**
- 1345 The world in review** Now an established part of the Conference program, this session will once again review the latest trends, research, projects, surveys, programs in the world of recreation & dementia.
- 1415 Resources - recruiting, rounding up & recycling** "We've got no budget"; "I haven't got the time or people available"; "we're always having to scrounge & save!" The ability of professionals responsible for or supporting the leisure / lifestyle / recreation needs of clients to secure & strengthen their resources is vital. This presentation aims to review the topic of resourcing including areas such as physical resources, people & networks, and information & knowledge. Sure to provide some reinforcement & refreshment to the challenge of resources.
- 1445 Stories from the field (2)** To close our conference, more 'stories from the field' to inform & inspire.
- 1530 Close of conference**