



aged care nurse managers conference 2011

“Clinician, Colleague, Carer & In Charge”

CONFERENCE PROGRAM

As the title suggests & now in its 2nd year, this conference is for DONs, DDONs, NUMs, Co-ordinators, Team leaders, ACNs, Education Coordinators, Quality Managers etc. With a sub title of “Clinician, Colleague, Carer & In Charge”, the 2011 Conference will explore issues associated with each of these roles. Aged Care Nurse Managers fulfil a diversity of roles & meet a constantly evolving range of challenges. This forum will provide delegates an opportunity to reflect, review & recharge. The conference aims to present contemporary, clear & concise information with practical application.

Day 1 Program - Wednesday September 21 2011

- 0915** **Welcome & Introduction | Wayne Woff | Manager - Total Aged Services**
- 0930** **Your role, Your value, Your energy** What is your role - how do you & your colleagues view it? Do you & others value what you do? Are you energetic & enthusiastic in the workplace or do you barely get through the day. A session to set the “tone” for the conference as well as exploring the “tone” you set at work. Get you mirrors out!
- 1015** **Positive Communication** Is that “not again” I hear some of you say?! Well, time & time again it is proven that communication skills are “make or break” in how an organisation functions. Its importance should never be ‘taken for granted’ - especially for managers. A timely session to remind & re-inforce.
- 1045** **Morning tea, networking & trade expo**
- 1115** **Workplace conflict & bullying** It can be subtle or brutally confronting, it can be verbal or physical, it can involve the most “unlikely” staff members. Assumptions can & should never be made. Workplace conflict is a fact of life. Our ability to detect & deal with these issues is vital. This session will outline effective policy & practice in this area.
- 1200** **On ward teaching - tell me, show me** One can never underestimate the value of personal interaction with colleagues. Whether this be one on one or in small groups, nurse managers who make the time & spend the time are generally rewarded in improved staff performance. This session will canvass the structures & strategies which can be instigated to facilitate & evaluate on ward teaching opportunities.
- 1245** **Lunch, networking & trade expo**
- 1345** **Legal/Professional update** This session will examine a contemporary legal &/or professional issue(s) relevant to Aged Care Nurse Managers.
- 1415** **Side by Side** “Side by Side” is the name of a documentary produced by Moyne Health Services & filmmakers, Karen McMullan & David Brown. Using the DVD as a platform, this presentation will explore themes of identity, connectedness, loss & community for people in their transition to living in a residential care facility. The session will give delegates a chance to reflect on their ability to empathise with people going through this change in their lives.
- 1500** **Afternoon tea, networking & trade expo**
- 1530** **Stories from the field (1)** These unique & diverse ‘stories from the field’ are sure to enlighten & motivate you.
- 1615** **Close Day One**



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Day 2 Program - Thursday September 22 2011

- 0915** **Welcome & Introduction | Wayne Woff | Manager - Total Aged Services**
- 0925** **Dementia care - a trip around the world** This session will review the latest trends, research, projects, surveys, programs in the world of dementia care & practice.
- 1000** **Depression - facts & fallacies, risks & realities** Depression amongst elderly people continues to be “un or under” diagnosed & treated. Contemporary clinical knowledge & highly developed assessment skills are needed to ensure that Aged Care Nurse Managers & the teams they lead play their role in diminishing this situation. This session will sharpen your focus to the risks & realities of detecting & caring for people with depression.
- 1045** **Morning tea, networking & trade expo**
- 1115** **Pain Management - oral analgesics & the elderly** Providing adequate pain relief to the elderly is often a ‘difficult’ clinical situation. This presentation will discuss various oral analgesic preparations & their timely use with elderly clients. Information will also be provided regarding the benefits & limitations of the various agents currently in common use & how to assess the efficacy of analgesics administered.
- 1200** **Cultural diversity challenges - recognition & respect** This session will explore the reality & resources in developing strategies & structures to deliver culturally appropriate care within an Aged Care Service. A session given greater resonance in recent times with the political & societal debate over issues such as refugees & multi-culturalism.
- 1245** **Lunch, networking & trade expo**
- 1345** **Grief - personal & professional perspectives** The experience of grief & loss will be as unique as the individual who experiences it. Our expectations of how people ‘should behave’ or what their ‘needs will be’ must be set aside to ensure professional & purposeful approach. Let’s talk about it!
- 1415** **Rural/regional services - challenges in caring** Mr. Smith is sitting in his wheelchair on the back porch of an Aged Care Facility located in a rural/regional setting. What are the major issues for Aged Care Nurse Managers working in such settings? What are the “advantages / disadvantages”, unique challenges and how can “we” all learn from, support & celebrate practitioners in these settings?
- 1445** **Stories from the field (2)** To close our conference, more ‘stories from the field’ to inform & inspire.
- 1530** **Close of conference**